

# TREASURER-TAX COLLECTOR'S OFFICE

2017 Culture of Health Employee Needs and Program Interest Survey Results



**EMPLOYEES RESPONDED**



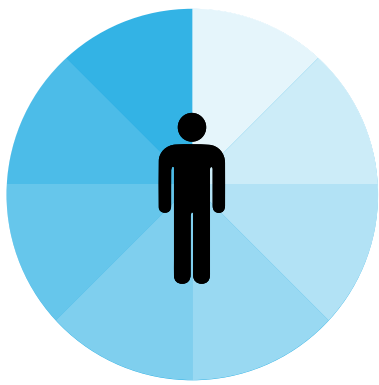
**3** individuals "strongly interested" in being Culture of Health ambassadors



**More employees are taking their breaks**

82% compared to 81% in 2015

Taking breaks helps us stay focused, increase creativity, feel recharged, and prevent fatigue!

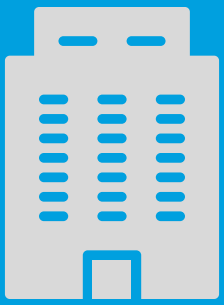


**Most reported stress level "slightly high": 37%** (a decrease from 2015)

All reported stress levels remained at or about the same as 2015

## Top 5 Personal Health Goals

	2015	2017
Manage weight	53%	56%
Improve fitness	36%	41%
Drink more water	37%	34%
Learn about exercises that are best for me	13%	12%
Improve sleep	18%	12%



Well-being is highly linked to engagement! Employees reported an increase in how well they feel the Treasurer-Tax Collector's Office is encouraging health behaviors.

**51% are extremely or highly likely to recommend working at COR**

**59% are extremely or highly satisfied working at COR**

### Stay in the Know



The following County resources are here to support your well-being!

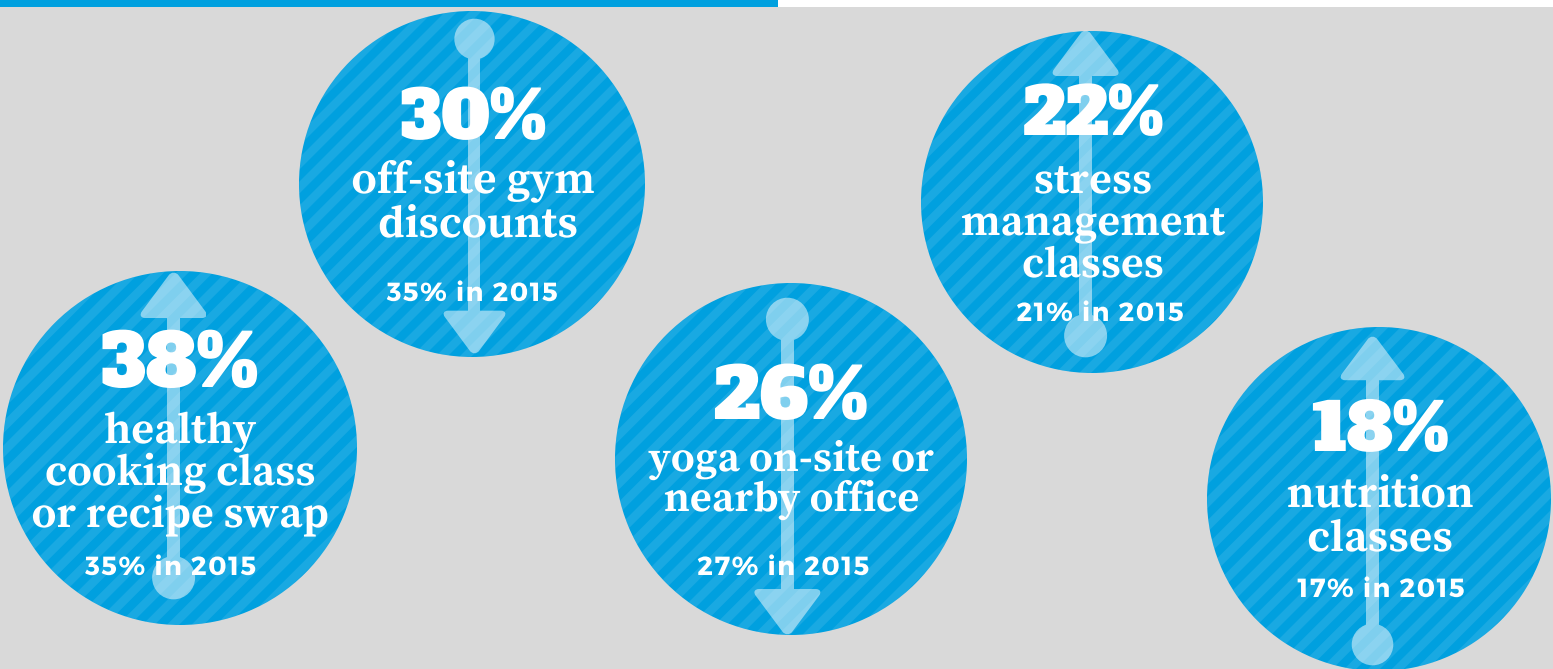
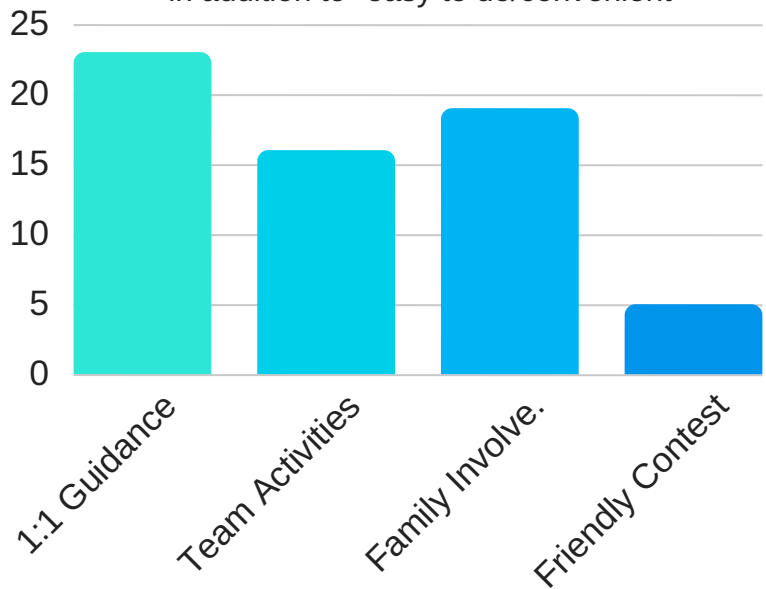
- Healthy Meetings & Activity Guidelines
- Board Policy for Use of County Facilities for Well-Being Activities
- Telemedicine from Amwell
- Farmers Markets

For resources from other County departments, visit Culture of Health's website



## Most Appealing Features of a Well-Being Program

in addition to "easy to do/convenient"



## Activities You'll Likely Participate In